

# Pre-Op Surgery Instructions

Please carefully read and follow.

## SURGERY DATE

## ARRIVAL TIME

## SURGERY TIME

- Do not eat or drink past midnight or at least 8 hours prior to surgery if you will be sedated for your surgical procedure. Failure to follow this important instruction may result in cancellation of your surgery at the discretion of the doctor.
- Unless advised otherwise by your oral surgeon, take prescription medication(s) as usual on the day of surgery with only a sip of water.
- If you use any recreational drugs, including marijuana, please inform your surgeon of this prior to the day of surgery. This information has significant clinical and safety implications.
- Brush your teeth and rinse well on the day of surgery. Do not swallow water, toothpaste or mouthwash. Do NOT use a Waterpik or mechanical toothbrush for 2 weeks after surgery.
- Wear short sleeves and comfortable clothing. **Eye makeup should be kept to a minimum. False eyelashes, fake nails, contact lenses, high heels and dark nail polish should not be worn to the surgical appointment.**

- Sedated patients must be accompanied by a responsible adult who is capable of driving and caring for the patient at home on the day of surgery.
- Patients who are minors (under the age of 18) must be accompanied by a **legal guardian** who can legally consent to surgery and complete the required paperwork.
- **Caretakers for sedated patients must remain in the waiting area of Northwest Oral & Maxillofacial Surgery for the entire duration of the surgical appointment (car services are not caretakers).**
- Ride sharing or car or taxi services are not acceptable modes of transportation after surgery unless you are accompanied by the responsible caretaker.
- You will be notified about your financial obligation in advance of your surgical appointment. Payment will be expected upon your arrival on surgery day. If you have questions or require special arrangements, please address this with our staff prior to surgery day.

- No tobacco or nicotine products (including smoking, vaping, chew/dip, gums, patches, or any other nicotine-based products) are to be used on the day of your surgery.

## Important Notice Regarding Pain Medication

Per Federal regulations, narcotic pain medications require a patient evaluation, a review of records, and cannot be filled via telephone as electronic prescription is required. Refills are no longer allowed. Narcotic pain medications include, but are not limited to, Norco, Hycet, Tylenol #3. Evaluations and prescriptions will only be completed during normal business hours. **There will be no exceptions.**



**NORTHWEST**  
ORAL & MAXILLOFACIAL SURGERY

## ADDITIONAL NOTES

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## ACKNOWLEDGMENT

I have read and understand the above instructions.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**texasoralsurgery.com**

**OFFICE NUMBER**

**FOR AFTER-HOURS EMERGENCIES**

**713-428-6159**